

Kaivalyadhama to Host 11th International Conference on Yoga in Cancer Care, Uniting Global Experts to Explore Yoga's Role in Holistic Cancer Support

Category: Business

written by | November 9, 2024



As the global cancer burden rises to 30 million cases by 2040, healthcare systems face a critical challenge in providing supportive care for patients and survivors. Recent advancements in cancer treatments have increased survival rates to 68%, but standard treatments often cause debilitating side-effects. Lifestyle transformation is crucial for improving health and quality of life, and yoga has emerged as a valuable tool.



11th [International Conference on Yoga in Cancer](#) Care, Exploring Yoga's Role in Holistic Cancer Support

Research has consistently shown yogas [positive impact](#) on cancer-related care, particularly in the psychological domain. Yoga interventions improve health-related quality of [life](#), reduce cancer-related fatigue, anxiety, and depression, and enhance overall wellbeing.

Kaivalyadhama, a pioneer in yoga [research](#) and therapy, has collaborated with institutions like Tata ACTREC and MDTC to offer yoga-based interventions to cancer patients and survivors. Its SOHAM programme has [transformed lives globally](#), demonstrating long-term psychological empowerment and improved quality of life.

The 11th International Conference on Yoga in Cancer Care, scheduled for December 4-7, 2024, at Kaivalyadhama, Lonavala, will bring together international experts from Harvard, Anderson Cancer Centre, De Montford University, AIIMS, [Tata Memorial Centre](#), HCG, NIMHANS, Apollo apart from medical practitioners and other stake holders in the cancer care ecosystem to discuss the scope, evidence, and evolution of yoga in cancer care. The conference will feature a pre-conference workshop and provide a platform for [knowledge](#) exchange, promoting integrative medicine.

*Yoga has shown tremendous potential in empowering [cancer patients](#) and survivors,” said **Shri Subodh Tiwari**, CEO **Kaivalyadhama**. This conference aims to [advance the integration of yoga into cancer care](#), enhancing the lives of millions affected worldwide.*

The conference will also be available [online](#) globally. For more information and registration please visit kdham.com/11th-international-conference-2024.

Founded by Swami Kuvalayananda in 1924, Kaivalyadhama is one of the oldest pioneering yoga institutes in the [world](#). Following the principles and philosophy of Patanjali’s Ashtanga Yoga and taking pride in teaching traditional yoga in its purest form, Kaivalyadhama is the first Yoga [institute to proactively conduct scientific research](#) for demonstrating the benefits and uses of Yoga.

